

மக்கள் நம்பிக்கையில் 30 ஆண்டுகளுக்கு மேலாக
ஆலந்தூர் பாமனெண்ட் பண்டு நிதி லிமிடெட்
(ஆலந்தூர் - 1992)
(மத்திய அரசால் அங்கீகரிக்கப்பட்ட நிதி நிறுவனம்)
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மாங்குராக்குக்கு ஒரு நற்செய்தி! வைப்புத்தொகை தீட்டும் சேகர்ப்பு விழா
24-மாதம் வைப்புத் தொகைக்கு அதிகமாக ஆண்டு வட்டியாக **10.5%**
36-மாதம் வைப்புத் தொகைக்கு அதிகமாக ஆண்டு வட்டியாக **11%**
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எட்டின் மீதுமேலும் அதிக வட்டிக்கு மாற்றப்படத்தக்க மீது வசூல் வழங்கப்படும்
புதிய உறுப்பினர்களைக் சேர்ந்து பயன் பெறுவீர்...

MAMBALAM TIMES

The Neighbourhood Newspaper for T. Nagar & Mambalam

www.mambalamtimes.in

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Huge Vinayagar idols adorn city streets

By Our Staff Reporter

Following permission granted by police, more than 1,000 large Vinayagar idols have been installed across the city, including this neighbourhood, by various associations, residents' welfare associations and individuals.

Authorities had set a height limit of 10 feet for idols and barred their placement near places of worship, hospitals, or schools. Police personnel will be posted at the idol installations and patrol vehicles will be doing the rounds regularly. The organisers have been advised to post two volunteers 24/7 for security reasons and also keep the area under CCTV watch.

On the day of immersion, over 16,500 cops and thousands of home guard volunteers will be deployed to ensure peaceful procession.

Corporation launches chatbot to avail services

By Our Staff Reporter

Mayor R. Priya on Aug. 25 launched a WhatsApp chatbot facility (both in Tamil / English) for residents to raise civic grievances and avail services in a hassle-free manner.

The dedicated WhatsApp number for the interactive chatbot is 94450 61913.

It offers 32 services, including availing death certificate, paying property and commercial taxes, and raising complaints regarding civic issues. The chatbot is also integrated with information about the locations of zone and ward offices, health facilities, community halls and their availability, and more.

Testing completed in part of Phase 2 Chennai Metro

By Our Staff Reporter

Chennai Metro has completed the safety certification trials of the metro train coaches of phase 2 from Poonamallee bypass to Porur junction.

The safety certification trials were conducted by a team of officials from an external independent agency.

In the safety trials, which commenced on August 16, the certification team evaluated passenger ride comfort at varying speeds up to the design speed of 90 km/h.

The testing also included detailed assessment of the traction system performance and extensive testing of braking performance under different modes. It also evaluated ride quality, where assessment was made to determine the quality of rolling stock along with the track to ascertain the level of comfort for a travelling passenger.

Additionally, assessment was also conducted to determine the train's safety features including electrical, pneumatic and emergency braking features.

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Dr. K.S.சந்தோஷ் ஆனந்த் MS (AIIMS), M Ch (SGE- JIPMER) Surgical Gastroenterologist [அப்போல்லோ ஹாஸ்பிடல்] திங்கள், வெள்ளி - காலை 9 To 10	Dr.V. சுந்தர் MD DTCD [நுரையீரல் மருத்துவ நிபுணர்] செங்கல்பட்டு மெடிக்கல் காலேஜ் திங்கள் (காலை 10 To 11) வியாழன் (மாலை 3 To 4)
Dr.S. குருமூர்த்தி MBBS, DMRT, FCIP, FCSEP, Euro. PG.Dip. Med.Onco. (UK), MRSH (London) புற்று நோய் மருத்துவ ஆலோசகர் திங்கள், வியாழன், - காலை 11 To 12	Dr.P.S. பாலாஜி MBBS, D.Ortho (Billroth Hospital & Kauvery Hospital) [மூட்டு, எலும்பு மருத்துவ நிபுணர்] திங்கள், புதன், வெள்ளி - மாலை 4 To 5
Dr. சுனந்தா MS (ENT) (BILLROTH & APOLLO HOSPITAL) [காது / மூக்கு / தொண்டை நிபுணர்] திங்கள், புதன், வெள்ளி - மாலை 4 To 5	Dr. ராஜலக்ஷ்மி MD, DVL, DNB, DVL [தோல் மருத்துவ நிபுணர்] திங்கள், வியாழன் - மாலை 4 To 5
Dr. சதீஷ்குமார் MBBS, DNB, DFM (CMC Vellore) [மனநல மருத்துவர்] திங்கள், வியாழன், வெள்ளி - மாலை 5 To 6	Dr. அருண்சந்தர் MS M.Ch, (Urology) [சிறுநீரக மருத்துவ நிபுணர்] திங்கள், புதன், வெள்ளி - மாலை 6 To 7
Dr. ரவிசங்கர் MBBS, DLO, FCIP, (SIMS, KAVERY & SURYA HOSPITAL) காது / மூக்கு / தொண்டை நிபுணர் செவ்வாய், வியாழன், சனி - காலை 10 To 11	Dr.V. ராமச்சந்திர வைத்தியநாதன் MS, DNB, MRCS (ED), FRCS (URO) சிறுநீரக சிறப்பு மருத்துவ நிபுணர் [இசெபல் & ஹரிஹரன் ஹாஸ்பிடல்] செவ்வாய், வியாழன், சனி - மாலை 4 To 5
Dr.S. கஸ்ருத் சாரங் MS, (Ortho, Spine Specialist) முதுகு எலும்பு நிபுணர் (Apollo Hospital, Grems Road) செவ்வாய், சனி - மாலை 5 To 6	Dr.S உஷா MBBS, DMRT CONSULTANT ONCOLOGIST [புற்று நோய் மருத்துவ ஆலோசகர்] புதன், சனி - மதியம் 12 To 1
Dr. ஆனந்த்குமார் MBBS (PG in Advanced Diabetes) [சர்க்கரை நோய் மருத்துவர்] தினமும் - மதியம் 12 To 1	Dr. A. யுவராஜ் MDS (Oral & Maxillofacial Surgeon & Implantologist) [பல் மருத்துவர் நிபுணர்] தினமும் - காலை 9 To மாலை 5 (குறைந்த கட்டணத்தில் தரமான பல் மருத்துவம்)

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மனசாட்சி அப்படின்னா....?

மதியம் 12 மணியிருக்கும். Asst. Sub-Judge City Civil Courtலே ஒரு Partition suitலே நான் ஆர்கியுமென்ட் செஞ்சிண்டிருந்தேன்.

அப்போ ரிஜிஸ்டிரார்கிட்டே இருந்து ஜட்ஜுக்குத் தகவல் வந்தது. அவருடைய மனைவி கீழே விழுந்துட்டாங்க. உடனே வீட்டுக்கு வரணுமுன்னு. கோர்ட்டு முடிஞ்சதும் உடனே வீட்டுக்குப் போய் மனைவியை ஆஸ்பத்திரியில் அட்மிட் பண்ணணும்.

எந்த வக்கீலாவது கார் கொடுத்து உதவி பண்ணுவாங்களான்னு Bench Clerk கிட்டே ஜட்ஜ் கேட்டுக்கிட்டு இருந்தார். அப்ப எல்லாம் நான், வெங்கடபதி, N.S. வரதாச்சாரி எல்லோரும் staffக்கு oblige பண்ணுவோம். அதனால் staff எல்லாம் ஏதாவது உதவி வேணும்னா தயங்காமல் எங்களைக் கேட்பாங்க.

அவர் கேட்டதும் நான் என் காரை எடுத்துண்டு ஜட்ஜை அழைச்சுண்டு உடனே கிளம்பினேன். அப்பொழுது எனக்கு டிரைவர் கிடையாது. ஓனர், டிரைவர், கிளினர் எல்லாமே நான்தான். அவருடைய வீடு வளசரவாக்கம். ஆற்காடு சாலையில் போகும்போது தைரியத்தை வரவழைச்சுண்டு கேட்டேன்....

‘ஸார், நீங்க தீர்ப்பு சொல்வதற்கு ஏதாவது வாங்குவீங்களா...?’

உடனே அவர், ‘criminal caseலே எல்லாம் ரொம்ப ஸ்டிரிக்டா இருப்பேன். Civil caseலே எல்லாம் அப்படி இப்படித்தான் இருக்கும்.’

எனக்கு சிரிப்பு தாங்க முடியலே...

‘ஏன் சிரிக்கிறீங்க?’

‘ஒண்ணுமில்லே ஸார். ஒரு பெண் ‘வெள்ளிக் கிழமையிலே நான் பதி விரதை, மத்த நாளைல்லாம் அப்படி இப்படித்தான்’ அப்படிங்கிற மாதிரி இருக்கு நீங்க சொல்றது.’

உடனே அவர்

சொன்னார்:

‘அப்படி எல்லாம் சொல்லி விட முடியாது. உங்கப்பா யார்?’

நான் பதில்

சொன்னேன்:

Income Tax

Commissioner.

‘எங்கப்பா யார்

தெரியுமா? ஒரு

விவசாயி. துண்டு கட்டிக்கிட்டு வயல்லே இறங்கி விவசாயம் பண்ணுவார். நாங்க ரொம்ப கஷ்டப்பட்டு முன்னுக்கு வந்திருக்கிறோம். அதனாலே இதெல்லாம் ஒண்ணும் பெரிய தப்பா எனக்குத் தெரியலே. என் தீர்ப்பு தப்பா இருந்தா அப்பீலில் போய் சரி பண்ணிக்கப் போறான். அதனாலே என்னைப் பொறுத்த வரைக்கும் இது தப்பு இல்லை’னு சொன்னார்.

இதை சொல்லும்போது மனசாட்சி பற்றி ஒரு ஜோக் ஞாபகம் வருது. ஒரு CA, Apprentice முடிச்ச அப்பா நடத்தற Auditing Firmலே பார்ட்னரா சேர்ந்தார்.

ஒரு நாள் அவருக்கு ஒரு சந்தேகம். சாப்பிடும்போது அப்பாகிட்டே கேட்டார்:

‘What is Conscience, Daddy? Is it that which tells us we should not give Rs. 50,000 bribe to a tax official?’

‘No... No... my son. That is not conscience. After giving Rs. 50,000 as bribe to the Income Tax official, you should not tell your partners that you had bribed him Rs. 1 lakh. That is conscience.’

ஆக மொத்தம் மனசாட்சி என்பது ஒரு relative term தான். ஆளுக்கு ஆள் மாறும்.

No Bill to Gentlemen

This incident happened about 25 years back.

One Mr. Ladharam was my very old client. He was a Sindhi and also stingy.

He came to my office one day and said that he had identified a property for purchase on Pantheon Road. The owner was a Company in Calcutta and its Director said that he could not come to Chennai to show the documents. So Mr. Ladharam requested me to go to Calcutta along with him to peruse the documents and to prepare a draft sale agreement. He also said that he would pay me a fee of Rs. 20,000. I was tempted because it was a question of 3 days only. Hence, I went with him.

Mr. Ladharam arranged a decent hotel for stay at Calcutta. I went to the Bank and verified all the documents and also prepared the draft agreement of sale in the Bank premises itself. The transaction was concluded, and we returned to Chennai on the same night.

However, it was more than a year and I did not receive the fee. One evening, when I was free, I remembered the due by Ladharam. So I wrote a letter like this:

“Dear Ladharam,

One lawyer won a very big case for his client. The client was very happy and asked the lawyer to send a bill.

The lawyer replied: I don’t send bills to gentlemen.

Client: What if I don’t pay?

Lawyer: In that case, I will remove you from the list of gentlemen and then send you the bill.

Yours faithfully,

PBR”

I posted this letter. The next day Mr. Ladharam met me in person and paid Rs. 25,000 and expressed regret for the delay.

Anyhow, the joke had achieved the purpose.

pbrassociates@yahoo.com

T. NAGAR & MAMBALAM BAZAAR

This column is intended to help small businesses to have a cost-effective advertisement medium. Advertisement in this section will be in standard panel sizes of 4 cm. x 1 column (costing only Rs. 800) and 4 cm. x 2 column (costing Rs. 1600)

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SRM hosts faculty convocation



SRM Institute of Science and Technology (SRM IST) (Vadapalani) hosted the convocation for faculty members who have completed a comprehensive three-day faculty development program conducted by the School of Design Thinking (SoDT).

SoDT's vision aligns with SRM IST's purpose of nurturing a new generation of leaders who are empathetic, creative, and solution-focused. The School of Design Thinking has conducted the Faculty Development Program for 14 batches of faculty members across

its Kattankulathur, Tiruchy, NCR and Vadapalani campuses. This year, 110 faculty members from all major engineering departments received their certificates. They join a cohort of 165 faculty alumni from the first convocation event, making a total of 275 SRMIST faculty trained in Design Thinking since the inception of the program in 2019.

Drain pipe in subway broken



The drain pipe fixed adjoining the sidewall in Madley Subway (West Mambalam) are broken. Water is leaking from the broken pipe and stagnating in the subway.

The photo was taken after the heavy rains on Aug. 22.

Smart water ATMs to be installed in Corporation Schools

Chennai Corporation will soon install smart water ATMs in 16 of its schools. They include five schools in the Kodabakkam Zone, 4 in Adyar Zone, 3 in Thiru Vi Ka Nagar Zone, 2 in Royapuram Zone, and 1 each in Sho-linganallur and Anna Nagar Zone.

An official said that the schools where more than 1,000 students are enrolled were selected. The schools selected in Kodambakkam Zone are Corporatgion Higher Secondary School (MGR Nagar, K.K. Nagar), Corporation Schools located in West Saidapet, Kodambakkam Salai and Jones Road in Saidapet, and Chennai Middle School (MGR Nagar, T. Nagar).



நெட் வைத்தியம்!

அறுபத்தி இரண்டு வயதுப் பெண்மணி. மினிமம் படிப்பு, வசதியான மத்தியதரக் குடும்பத்தைச் சேர்ந்தவர் என்பதைக் கழுத்துப் பவுன் தாலிச்சரடு சொல்லியது.

உடன் வந்திருந்த கணவர் நெற்றியில் கோபிசந்தனம், முன்தலையில் முடிநரைத்த க்ராப், பின் தலையில் ஒரு சின்ன 'கொத்தாகத்' தனித்துத் தெரியும் மாடர்ன் குடும்பி. அரசு உத்தியோகத்திலோ, பிரைவேட் கம்பெனியிலோ ஹெட் கிளார்க்குக்கு மேல் உயரம் காணாத முகம்!

தெரிந்தவர் யாரோ சொல்லி என்னைப் பார்க்க வந்ததாகத் தெரிவித்தார்கள்.

வந்த பெண்மணி, 'கை, கால் குடைச்சல், இடுப்பு வலி' என்றவுடன் வழக்கமான கேள்விகளுடன் 'சுகர்' உண்டா? என்றேன்.

'உண்டு' தலையாட்டியவாரே, கோபி சந்தனத்தைப் பார்த்தார். 'கண்ட்ரோல் இருக்கு.'

'என்ன மருந்து எடுத்துக் கொள்கிறீர்கள்?'

'மருந்தெல்லாம் கிடையாது. நிறுத்தி இரண்டு வருஷம் ஆச்சு.'

'ஓ...' ஆச்சரியம் என்னையும் மீறி முகத்தில் சுருக்கங்களாய் விழுந்தது.

'முணு வருஷமா சுகர் நூற்றி சொச்சத்திலேயே இருந்தது ஏறவும் இல்லை, இறங்கவும் இல்லை.'

'சரி, நல்ல கண்ட்ரோல் தானே, பிறகென்ன?'

அம்மணி அய்யாவைப் பார்க்க, அவர் தலையைக் குனிந்து கொண்டார்.

'இவர்தான் இங்கிலிஷ் மருந்தெல்லாம் பழக்கம் ஆயிடும். சைடு எஃபெக் டெல்லாம் வரும். நிறுத்தி ருன்னார், நிறுத்திட்டேன்.' (ஏனோ கிணற்றுக் கயிற்றில் அந்தரத்தில் தொங்கும் குடம் நினைவுக்கு வந்து தொலைத் தது!)

'நல்லதுதான். டயட்,

வாக்கிங், எக்சர்சைஸ்னு கண்ட்ரோல் இருக்கீங்கபோல.'

'இல்லை, வேற மருந்து சாப்பிடறேன்.'

கோபி சந்தன முகத்தில் மருட்சியுடன் ஒரு பிரகாசம்!

'நாவல் இலை, கொய்யா இலை, மாவிலை, சிறுகுரிஞான் இலை, ஆவாரம்பூ எல்லாத் தையும் முந்தின நாள் இரவே கொதிக்கிற தண்ணீர் போட்டு மறுநாள் குடிக்கணும்.'

'வேப்ப இலை கிடையாதா?' நான்.

'ம்.... ஹும், ரொம்ப கசக்கும்!'

'ம்ம்.... சில பேர் வெந்தயம் சாப்பிடறாங்கனே?'

'அதுவும் உண்டு. நல்ல தண்ணீர் ஊற வைச்சு, வெந்தயத்தை வெறும் வயத்துலே அப்படியே சாப்பிடுவேன்!'

'இதெல்லாம் யார் கொடுத்தாங்க?'

'குகிள் பார்த்துதான் ஸார்.' முதன் முறையாக வாயைத் திறந்தார் கோபிசந்தனம்.

'வெரிசுட்! எந்த மருந்தானால் என்ன? சுகர் கண்ட்ரோல் இருந்தாலே போதும். லேடஸ்ட் ப்ளட் சுகர் என்ன?'

'ப்ளட் டெஸ்டே வேண்டாமனுட்டார் இவர். இரண்டு வருஷமாச்சு டெஸ்ட் எடுத்து. கேட்டா அதுதான் ப்ராப்ளம் ஒண்ணும் இல்லையெங்கிறார். இப்போ கை, கால் எல்லாம் கொடையறது. ஏதாவது மருந்து எழுதிக் கொடுங்கோ.'

விபரம் அறிந்த பக்கத்து வீட்டு மாமி, கடிந்துகொண்டு, 'டாக்டரைப் போய்ப் பாருங் கோ. சர்க்கரையோட விளையாடாதீங்க. எதிர்வீட்டு மணி மாமாவுக்கு முட்டிக்குக் கீழே காலை எடுத்துட்டா. ஆம்புடேஷன்.... அவரும் இப்படித்தான், சுகரை இக்னோர் பண்ணி னார்'. பயத்தில் வந்திருக்கிறார்கள்.

ஃபாஸ்டிங், போஸ்ட் பிராண்டிங், மூன்று மாத ஆவரேஜ் HbA1C எல்லாம் எழுதிக் கொடுத்து மறுநாள் வரச் சொன்னேன்.

'அதுவரைக்கும் நாவல் இலை, வெந்தயம்...'

'ம், சாப்பிடுங்க தப்பில்லை. ப்ளட் டெஸ்ட் ரிஸல்ட் பார்த்து முடிவு செய்துக்கலாம்.' சந்தோஷமாகக் கணவனும், மனைவியும் எழுந்து சென்றார்கள். எனது மூளைக்குள் இரண்டு ஆடுகள் 'மே.ஏ.ஏ' என்று கத்துவதைப் போலிருந்தது.

இரண்டு நாட்கள் கழித்துத் தயங்கியபடியே வந்த இருவரையும் பார்த்த உடனேயே தெரிந்துவிட்டது.

அம்மணியின் இரத்தத்தில் ஒரு ரேஷன் கடையில் உள்ள அளவு சர்க்கரை இருந்தது! (நான் அந்தக்கால ரேஷன் கடையைச் சொன்னேன்!)

இப்போது என்ன செய்வது?

இன்று தொந்தரவு இல்லாத நீரிழிவு நோயை (Symptom Free Diabetes) கட்டுப்படுத்தா விட்டால் நாளை அதன் விளைவுகளை சந்திக்க வேண்டியிருக்கும். இரத்தக் குழாய்களின் மிகச் சிறிய கடைசிமுனை மயிரிழை போன்ற குழாய்கள் பாதிப்பால் உடல் உறுப்புகள் (End Organs) செயலிழக்கும். முக்கியமான எல்லா இரத்தக் குழாய்களும் பாதிக்கப்படுவதால் கண்களின் விழித்திரை (பார்வை இழத்தல்), சிறுநீரகங்கள் (கிட்னி ஃபெய்லியர், முடிவு டாயலிசிஸ்), மூளை (ஸ்ட்ரோக் பக்கவாதம்), வெளி நரம்புகள் (நியூரோபதி ஊசி குத்துவது, மரத்துப் போவது, சில நரம்புகள் செயலிழப்பது), இதயம் (ஹார்ட் அட்டாக்) அனைத்து உறுப்புகளும் தனியாகவோ, சேர்ந்தோ பாதிக்கப்படலாம். இரத்தத்தில் சர்க்கரை அளவு அதிகமாக இருக்கும் ஒவ்வொரு நாளும், சிறிது சிறிதாக இந்த உறுப்புகள் பாதிக்கப்பட்டுக் கொண்டே இருக்கும்.

நான் சொல்லி முடித்தபோது முகத்தில் எந்த மாறுதலும் இன்றி ஒருவரை ஒருவர் பார்த்துக் கொண்டனர்.

மருந்துகள், உணவில் சேர்க்க/தவிர்க்க வேண்டியவை, உடற்பயிற்சி, நடைப்பயிற்சி எல்லாம் விபரமாகக் கூறி அனுப்பி வைத்தேன். எந்த வகை சிகிச்சை எடுத்துக் கொண்டாலும் அவ்வப்போது சுகர் லெவலை மானிட்டர் செய்ய வேண்டியதின் அவசியத்தைச் சொன்னேன்.

பூ.டியூப், நெட் பார்த்து வீட்டில் பிரசவம் பார்ப்பதைக் காட்டிலும் இந்த நெக்லிஜென்ஸ் பரவாயில்லையோ என்று தோன்றியது.

உடல் ஆரோக்கியம் குறித்த விழிப்புணர்வு அவசியம்தான். அது Self Medication Treatment வரை செல்வது ஒரு சொஸையிடின் ஆரோக்கியத்துக்கு நல்லது அல்ல!

Annual Day celebrated in Sarada Vidyalaya



By Our Staff Reporter

Sri R.K.M. Sarada Vidyalaya (Usman Road, T. Nagar) celebrated its Annual Day recently.

Sudha Meiyappan (Founder, Parivarthan for Parkinson's Foundation, Arumbakkam) was the Chief Guest.

She distributed prizes among school toppers. Mathaji of Sarada Math and N. Shanthi (Principal) were present.

The students performed cultural shows.

Ramakrishna Mission School felicitates its faculty

By Our Staff Reporter

Ramakrishna Mission School (West Mambalam) celebrated its Annual Day on Aug. 21.

Prizes and awards were presented to meritorious students and faculty members of Std. 10, 11 and 12 by the Chief Guest P. Balasubramanian (Former Director, Finance, of Bharat Petroleum Corporation) in the presence of L. Pushpalatha (Principal).

Students performed cultural shows to mark the event.

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Lecture given on history of AVM Museum



By Our Staff Reporter

In connection with Madras Day, Mohan V. Raman (actor and historian) gave a lecture on the history of AVM Heritage Museum ((38, Ave Meiyappan Road, Ottagapalayam, Kannika Puram, Vadapalani) on Aug. 23.

Historian V. Sriram and film producer M.S. Guhan also spoke on the occasion.

The lectures were organised by Madras Musings.

The Museum houses an impressive collection of more than 40 cars and 20 motorcycles that have appeared in Tamil movies from the 1960s to now.

Visitors can see iconic vehicles such as the Suzuki RV 90, ridden by Superstar Rajinikanth in the movie Paayum Puli, and the Buick Super 8 driven by Kamal Haasan in Sakalakala Vallavan.

Apart from cars, visitors can also learn about the bulky audio and video equipment used in pre-digital cinema, film promotion techniques from the past, and the costumes worn by actors.

The cameras used for Murattu Kaalai and Mundhanai Mudichu, analogue multitrack and single-track recorders, mikes of different kinds used for playback singing and dubbing, conventional video editing setup, and the giant fan used to create artificial heavy winds all tell tales of how movie-making has evolved in the last few decades.

Some vintage cars on display include a Dodge Kingsway owned by MGR, Vauxhall Velox owned by S. S. Vasan and Vauxhall 14 owned by A. V. Meiyappan.

The museum is open to the public from Wednesday to Monday from 10 a.m. to 5 p.m. It is closed on Tuesdays and national holidays.

The entry fee is Rs. 200 per adult and Rs. 150 per child.

Thousands visit village festival held at YMCA

The annual urban village festival 'Sempozhil- Chennaiyil Oru Gramathu Thiruvizha' held at YMCA (Nandanam) from Aug. 21 to 24, attracted thousands of visitors.

The festival was joint effort of actor Karthi's Uzhavan Foundation (NGO that works for the welfare of marginalized farmers) and Thondaimandalam Foundation (NGO that works towards enhancing and sustaining rural and peri-urban livelihoods). Actor Karthi visited the event on Aug. 24 and presented a motivational talk.

The event featured more than 100 stalls that showcases fresh harvest ranging from vegetables, and rice varieties to country milk, food stalls selling millet ice creams, paruthi paal (cottonseed milk), beetroot cola, and more.

More details are available at www.sempozhil.org.

Elevated corridor costliest at Rs. 195 crores per km



The 3.2 km Teynampet-Saidapet elevated corridor under construction by the Tamilnadu Highways Department is touted as the country's first elevated corridor built above a metro tunnel. The four-lane flyover, for which work began in 2024, has the highest construction cost of Rs 195. crores per km, bringing the total project cost to Rs 621 crores.

In contrast, the National Highways Authority of India (NHAI) has estimated the cost of its ongoing six-lane elevated projects at Rs. 120-Rs 130 crores per km over the same period, making the Teynampet elevated corridor project costlier by around 50%.

As per official documents, the Teynampet project's estimated cost, fixed at Rs 482 crores in April 2022, was raised to Rs 525 crores in March 2023 before rising by 18% (Rs. 96 crores) to reach Rs 621 crore within a year.

The new 4-lane corridor aims to reduce the travel time between Teynampet and Saidapet on Anna Salai from 40 minutes to just 10 minutes, while easing congestion at seven key intersections — Eldams Road, SIET College Road, Cenotaph Road, Nandanam, CIT Nagar, CIT Nagar 1st Main Road (towards T Nagar), and Jones Road.

A senior highways official attributed the high cost to factors like soil stabilisation, extensive utility relocations in a densely-congested area, and advanced construction techniques to minimise pillar loads and safeguard the underground metro tunnel.

The Chennai Metro tracks run 17-18 metres beneath Anna Salai.

Since drilling for laying the flyover foundation could only be done up to 7 metres, additional strengthening techniques are being deployed to strengthen the foundation.

The elevated road spans 2.4 km directly above the metro line, and 655 metres along the non-metro stretch (excluding entry and exit ramps).

In total, 69 pillars are being erected above the metro line, 22 on the non-metro stretch, and 41 portal frames covering the 460 metres over the two stations. As of July, about 30% of the work had been completed.

Stone pillar engraved with football rules installed in YMCA

By Our Staff Reporter

A 3-metre-tall stone pillar weighing 770 kgs, unveiled last week at YMCA College of Physical Education (Teynampet), has engravings in Tamil of the original 1848 Cambridge Rules of football. It was commissioned by Cambridge City Council (United Kingdom) in association with Street Child United (NGO based in UK). In all, nine stone pillars in different languages including Tamil were engraved, and five of them have been installed in various countries, including at YMCA in Chennai.

—Etched on it are the 11 Cambridge Rules of Football - regarded as the earliest written code of the game. The pillar was initially gifted to Karunalaya (Tondiarpet), Street Child's partner in India.

As the Karunalaya's founders felt the monument deserved a more public sporting stage, YMCA College was chosen as the ideal location to install it.



MTC launches special buses for school students



Metropolitan Transport Corporation (MTC) on Aug. 18 launched 25 buses exclusively for the travel of school students. Students will be allowed to travel free of cost on these special services. The buses will leave their respective depots between 6.50 a.m. and 8.05 am, stopping at designated points before reaching schools.

In the afternoon, return trips will operate between 1.50 p.m. and 4.10 p.m. Each bus will make 50 trips daily between schools and terminals, halting at fixed stops.

In the next phase, MTC will launch special buses for college students. The 25 bus routes include route 11M from Iyyappan-thangal to Government Girls Higher Secondary School (Ashok Nagar).

Free bhajan, naamasankeerthanam classes

Sri Kanchi Kamakoti Peetam conducts free Bhajan and Naamasankeerthanam classes daily in Dr. Dorairaj Sadan, 12, Thanikachalam Road, T. Nagar.

It is open to all age groups.

For more details, call 98400 15908, 80561 96410.



Residents install large Vinayaga idols

Nachikulam Saravanan (resident of Ganapathi Street, West Mambalam) installed a large Vinayagar idol outside his residence for the 4th consecutive year on Aug. 27. Annadhaanam is held twice a day.

His contact number is 96001 06990.

Bala and Abhishek Nehru (Lakshmi Flats (Lakshmi Street, West Mambalam) installed a 11-foot-tall Navadhanya Vinayagar idol made with lentils, cherries, raisins, and figs was installed outside the apartment complex on Aug. 27.

Hundreds of devotees are having darshan daily.

Special poojas are held in the mornings and evenings.

D. Balasubramanian (resident of 8, Lakshmi Street, West Mambalam) has been installing large idols of Vinayakar in his house for the past ten years.

This year the 10-foot-tall idol he installed on Aug. 27 is made with 250 kgs of fig and dry fruits. Poojas are performed daily in the morning and evening.

All are welcome. The idols will be immersed in the sea on Sunday, Aug. 31



Free spoken Sanskrit classes from tomorrow

By Our Staff Reporter

Sanskrita Bharati will conduct free 10-day spoken Sanskrit classes from 10.30 a.m to 12.30 pm daily, from Monday, Sept. 1 to Wednesday, Sept. 10 at the residence of Dr. T.R. Ramesh (1/1, 3rd Street, KV Colony, West Mambalam).

There is no age restriction and no prior knowledge of Sanskrit is necessary.

Interested persons can register at the venue or call 73584 25246 or 87544 82699.

Special poojas in Goshala today evening

By Our Staff Reporter

Krishna Jayanthi will be celebrated at 6 p.m on Sunday, Aug. 31 in Goshala (Sankara Math, Kasi Viswanathar Koil Street, West Mambalam).

The special programs include special abhishekam, discourse on Krishna leelai, Unjal sevai, Uriyadi and prasadam distribution.

Devotees wishing to attend the poojas must wear only traditional dress (dhoti for men and boys and saree or pavada davani for women and girls). All are welcome.

Free online classes on Kanda Shasti Kavasam

By Our Staff Reporter

Gurukul Sloka Classes (West Mambalam) conducts free online classes on Kanda Shasti Kavasam for all age groups.

The classes are held on Tuesdays, Thursdays and Saturdays from 8.30 p.m to 9 p.m.

The next batch will start from next week.

For registration, call or WhatsApp Sriram in 93825 13825.

Hundreds benefit from Ungaludan Stalin camp



By Our Staff Reporter

Hundreds benefitted from the Ungaludan Stalin camp held at Corporation Playground (Bakthavachalam Street, West Mambalam) on Aug. 28 and Sir Pitti Thyagaraya Hall (G.N. Chetty Road, T. Nagar) on Aug. 26.

The initiative addressed residents' grievances, to ensure delivery of welfare schemes and improve access to public services. Residents got access to on-the-spot grievance redressal, document verification, welfare enrolment, and even medical services at the camp. A Corporation official said that the applications submitted at the camp are processed within 45 days.

Residents can visit the website <https://ungaludanstalin.tn.gov.in> to know the details of the upcoming camps.

Flower vendor installs large Vinayagar idol



By Our Staff Reporter

M. Santhanalakshmi (Flower Vendor, Station Road, West Mambalam) installed a large Vinayagar idol for the 11th consecutive year on Aug. 27 at the junction of Station Road and Kuppaiyah Street (West Mambalam).

She got the idol made in Kancheepuram.

The idol will be immersed in the sea on Aug.31.

Grandparents Day celebration on Sept. 7

Shraddha Maanu Foundation (T. Nagar) invites grandparents and grandchildren to celebrate Grandparents Day at 5 p.m on Sunday, Sept. 7 in Jeeva Park (G.N. Chetty Road, T. Nagar).

This year's theme is 'A Tree of Togetherness'. The program will feature fun games, talent show and heritage corner. There is no registration fee. For advance registration, call 72007 00179 / 73059 01827.

Discourse on Bhagavad Gita today

By Our Staff Reporter

Under the auspices of Sri Ramakrishna Mission Ashrama (3, Maharajapuram Santhanam Salai, T. Nagar), Swami Guruvanananda will deliver a discourse in Tamil on Bhagavad Gita at 5.30 p.m on Sunday, Aug. 31 in the Ashram's premises.

All are welcome.

More details can be had in 2814 3896 and 2814 3514.

Radhatri Nethralaya awards retinal surgeon

By Our Staff Reporter

More than 130 delegates from all over India participated in the medical education program RADNET 2025 organised by Radhatri Nethralaya (12, Hindi Prachara



Sabha Street, T. Nagar) in GRT Grand on Aug. 24 as part of its 17th anniversary celebrations. Dr. T. N. C. Vedantham Memorial Oration Award for the year was presented to renowned retinal surgeon Dr. A. Giridhar (Medical Director, Giridhar Eye Institute, Kerala) for his several years of contribution to the field of eye care.

The award was presented by S.V. Veeramani (Chairman, Fourrts) in the presence of Dr. Vasumathy Vedantham (Medical Director, Radhatri Nethralaya).

Free physiotherapy for teachers till Sept. 6

By Our Staff Reporter

In connection with Teachers' Day, Aura Holistic Wellness (13, Raghaviah Road, T. Nagar, near Sarda Mutt) has organised free physiotherapy assessment and consultation for teachers (school/college) from 10 p.m to 1 p.m daily, from Sunday, Aug.31 to Saturday, Sept.6 in its premises.

Those suffering from joint pains, stress and body flexibility issues can attend the camp.

For registration, call 91767 99333 or 044-48638555.

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Students take up odd jobs to earn a living



By Our Staff Reporter

The city now sees scores of college students engaged in various part-time activities to earn on their own.

They are either driven by the need to help their poor parents financially or to meet their own expenses. ‘

The jobs they take up include working as waiters in restaurants/fast-food joints, acting as food or grocery delivery agents, cab/bike taxi drivers or in business promotion activities.

R. Sudarman (native of a village near Tirunelveli) is a B. Com student and lives in a men's hostel in T. Nagar. As his parents struggle to meet his expenses, he often takes up odd jobs to support his education and hostel fees.

This reporter saw him promoting a local jewellery store by wearing a large display board and handing out flyers to passersby on North Usman Road (T. Nagar) on Aug. 22.

He said that during peak festival time, they also earn some money by wearing costumes akin to dogs, birds, Santa Claus etc. to attract customers to the shops that they are promoting. Many times, we are ignored when handing over pamphlets or mocked upon by passers-by. Initially it felt condescending, but we have now learnt to take it in our stride and move on, he said.

G. Gnanavelu (a BA Literature student and resident of Ashok Nagar) borrows his brother's motorcycle on weekends to earn money by acting as a bike taxi driver. This money takes care of my side expenses and I don't have to depend on my parents or brother for pocket money, he said.

He said that many college students, including girl students, engage in part-time jobs to earn some money. Many students work after college hours in restaurants, beauty parlours and other such places as it helps them earn money in their spare time and also prepare them for the rigour of a professional career, post education, he said.

Consumer Cell helps in claiming bounced cheque amount

By Our Staff Reporter

The Chennai North District Consumer Disputes Redressal Commission directed an international private bank to pay Rs. 17 lakhs as compensation to a customer after a courier company lost a bounced cheque in transit.

According to the complainant L. Dinesh (resident of T. Nagar), a cheque for Rs. 17 lakhs received from a third party and deposited in his account with Standard Chartered Bank, bounced due to insufficient funds.

Following this, the bank sent the cheque to his address through DTDC Express, but he never received it though the bank said it was delivered in February 2024.

When the staff at the DTDC branch admitted that the cheque was lost and was untraceable, Dinesh initiated the complaint with the bank.

Later, when DTDC officials backtracked and said that they had proof of delivery, it was found that the signature on the acknowledgement slip was forged.

Dinesh faced a huge financial crisis but could not file a legal case against the drawer due to the missing cheque.

After reviewing the complaint, the Commission held that the bank alone is liable for failure to return the dishonoured cheque to Dinesh and deficiency in banking service, and directed the bank to pay the dishonoured cheque amount of Rs 17 lakhs as compensation towards deficiency in service and Rs. 5,000 towards litigation cost.

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with the residents of
Mambalam & T.Nagar?
MAMBALAM TIMES!**

Large Vinayaga idols adorn neighbourhood

By Our Staff Reporter

Resident Associations, religious groups and political outfits have installed large Vinayaga idols at several locations in the neighbourhood to celebrate Vinayaka Chaturthi.

They will be immersed in the sea on Sunday, Aug. 31.

The following are details of some of the idols installed in the neighbourhood.



Eight pack Vinayagar (Corporation Colony 2nd Street, T. Nagar)



Vembu Vinayagar (New Boag Road, T. Nagar)



Balaji Vinayagar (Thambaiah Road, West Mambalam)



Shiva Vinayagar (West CIT Nagar)



Dates Vinayagar (West CIT Nagar)



Vinnaitheerkum Vinayagar (Gandhi Street - Ellaiamman Koil Street, West Mambalam)

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K. K. NAGAR, P.T. Rajan Salai, 873 sq.ft, 2 bedrooms, 2nd floor, lift, open car park, east facing, 16 years old. Contact: Kamal, Ph: 99401 03809.

WEST MAMBALAM, Lake View Road, 587 sq.ft., UDS 350 sq.ft, 2nd floor, no lift & car parking, east facing, 25 years old, ground plus 3 building. Ph: 94447 13117.

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T.NAGAR, Bagirathi Ammal Street, near PSBB School, 1500 sq.ft, spacious 2 bedrooms, hall, dining, kitchen, poojaroom, work area, covered car park, 3 balconies, bay window, lift, semifurnished, 1st floor, recently painted, only vegetarians, Rent Rs. 50000. Ph: 9360390145.

WEST MAMBALAM, 9, Bharathi Street, 2 bedrooms, hall, kitchen, balcony, first floor, Brahmins only, Rent Rs. 25000, Advance 4 months. Contact Sirram, Ph: 92831 40700.

WEST MAMBLAM, Easwaran Koil Street, near Railway Station and T.Nagar Bus Stand, 700 sq.ft., hall, bedroom, kitchen, attached and common bathrooms, balcony, fully furnished, second floor, car/bike parking, Rent 16000 plus maintenance, advance 5 months, vegetarian only, no brokers. Ph: 80720 24753.

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T. NAGAR, Raman Street, 3 bedrooms, hall, kitchen, 3 A/c, fully furnished, rent Rs. 90000, 3rd floor, lift. Ph: 87789 25771.

WEST MAMBALAM, Janakiraman Street, facing Railway track, 2 bedrooms, hall, kitchen 2nd floor (Mezzanine) for Brahmins only, rent Rs. 22000. No brokers. Ph: 90420 47725.

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Strict vending rules to curb hawking

By Our Staff Reporter

To rein in around one lakh street vendors, the majority of whom are illegal, Chennai Corporation has unveiled a new policy which bans vendors from arterial roads, prohibits them from vending near schools, colleges, and hospitals, and restricts them on narrow roads.



The new policy, approved by the Corporation Town Vending Committee and notified in the Tamilnadu government gazette in July, came into force in August.

The new rules mandate that the stalls must be limited to 6x4 metres and carry bilingual signage. No vending will be allowed within 100 meters of schools or hospitals and 150 meters of major administrative and transit hubs.

Twentytwo arterial roads, including Valluvarkottam High Road and Arcot Road are out of bounds for vendors. No vending will be allowed on streets that are up to 1-meter-wide, and only on one side, on other roads.

Officials said that the new norms will be strictly enforced across the city, especially in commercial hubs in T. Nagar. To enforce the new rules, Corporation has formed division-wise enforcement teams headed by executive engineers and procured two vehicles per zone for four officials for patrolling.

Last week, the Corporation removed around 78 roadside shops from 2nd Avenue (Anna Nagar).

Resident Welfare Associations have raised objections as Corporation has made entire stretches of many roads, including Arya Gowda Road (West Mambalam), as vending zones.

K. Sreedharan of T. Nagar-West Mambalam Welfare Forum said that there are only a couple of flower and fruit vendors on Arya Gowda Road now.

“As the entire stretch is now permitted as vending zone, eateries and tea stalls will start to proliferate on the congested two-lane road. No public opinions were sought in this matter,” he said.

Prime accused in murder case nabbed after 11 years

By Our Staff Reporter

The police on Aug. 25 arrested the prime accused in the case pertaining to the murder of a security guard in 2014.

The accused, Biswajit (39) of Assam, was traced and arrested from Kolapakkam.

On August 11, 2014, Poonganni (resident of West Mambalam) had lodged a complaint alleging foul play in the death of his son Manickam, a security guard at an apartment complex in K.K. Nagar.

Manickam, who was initially admitted to Royapettah Government Hospital after he fell ill, was found to have multiple injuries. The postmortem confirmed that he had been beaten to death.

The case was altered to murder, and two men, Obed of Nagaland and Kantharupam of Ramanathapuram were arrested on August 14, 2014.

But Biswajit, had been absconding since then.

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Slush removed from Madley Subway



By Our Staff Reporter

Corporation workers removed the slush that had accumulated on Madley Subway (T. Nagar) on Aug.22. The slippery surface was posing danger to motorists.

TNEB starts fixing exposed underground cables



After a couple of fatal electrocutions in different parts of the city, Tamilnadu Electricity Board (TNEB) has embarked on a drive to fix hundreds of exposed underground cables to prevent such accidents. 150 contract workers have been deployed to identify and bury the exposed cables under the supervision of senior officials.

An official said that 674 exposed underground cables had already been identified for repair as part of pre-monsoon preparedness work, and 80% of them have been completed.

Areas including K.K. Nagar, Ashok Nagar and T. Nagar are already covered, and most of the cables were buried underground with the cooperation of Chennai Corporation," he said. Though the work began a month back, it was accelerated to prevent further incidents.

While welcoming the initiative, (P. Santhanam, resident of Thambiah Road, West Mambalam) said that any digging activity undertaken by civic bodies must be done after seeking permission from TNEB. He said that while widening the storm water drain on Thambiah Road, several EB cables got exposed and were often covered in water that filled these trenches. Corporation workers worked in these trenches oblivious to the danger of electrocution. After intervention by residents and thanks to a report published in *Mambalam Times*, a separate PVC pipe was fixed adjoining the trench to run the exposed cables to prevent any untoward incident, he said.

LETTERS TO THE EDITOR

Open shelters devoid of shade in Kittu Park



Sir, The corrugated sheets forming the roof have been missing for over seven months from the shelters installed in Kittu Park (Ellai Amman Koil Street, West Mambalam).

Now only the frames remain. The shelters are of no use as they do not provide protection from sun or rain.

Even after several complaints and a recent report in *Mambalam Times*, officers of Chennai Corporation are not taking any steps to cover the shelters.

I appeal for immediate action in this regard. P.S. Chandramouli, Ph: 95510 66577.

An integrated approach to conception and pregnancy

After years of treating patients for fertility issues, Dr.Kavitha Gautham (Senior Consultant, Reproductive Medicine and Fertility, BloomLife Hospital, 32, Taramani Link Road, VGP Seetapathi Street, Baby Nagar, Velachery) has now combined the conventional treatment with a holistic approach in her treatment methodology.

She has now launched the integrated program 'Fertility Friday' (from 11 a.m. to 1 p.m.) to amalgamate her medical acumen with other factors like mind-body connection and stress management, nutrition and diet, lifestyle, and integration of holistic therapies like Acupuncture, Ayurveda, massage therapy, Naturopathy and Chiropractic.

Dr. Kavitha said that with



this approach, a patient's overall health improves on all counts as stress/ anxiety is lowered, giving sufficient confidence to the patient on her journey towards conception and parenthood.

Through this integrated programme, I hope to not just help couples resolve their fertility issues but also lay the foundation for a healthy, mindful, happier approach to life overall, she said.

For appointments, call 72999 11107.

Construction debris blocks pavement



Construction debris was dumped a week back on Thyagaraya Road (Pondy Bazaar, T. Nagar). It is blocking the entire pavement and a portion of the carriageway causing hindrance to motorists and pedestrians.

Corporation Council clears resolutions on infra work

Chennai Corporation Council on Aug. 26 passed 84 resolutions covering civic infrastructure, canal strengthening, conservancy machinery, school sanitation and market facilities.

A new fish market will be built in Kodambakkam Zone with modern stalls, storage and basic amenities. Temporary workers have been appointed to clean schools in Teynampet and Anna Nagar Zone, especially for sanitation. A new playground for children will be developed on O.P. Salai (Teynampet) at a cost of Rs. 1.56 crores. Flood prevention and canal restoration projects formed a major part of the agenda.

For conservancy operations, the council sanctioned the rental of 23 suction machines for four months at Rs. 1.47 crores, procurement of six hydraulic operated self-propelled tree pruning machines for five years at Rs. 5.23 crores, and one robotic multipurpose excavator with one-year maintenance at Rs. 1.82 crores. A heavy-duty road sweeper machine will also be deployed.

Corporation School students go on educational tour to ISRO

Chennai Corporation organised an educational tour for 60 Std. 11 and 12 students from Corporation schools, including six students from neighbourhood Corporation schools, to the Indian Space Research Organisation (ISRO) in Sriharikota.

The students were selected based on the marks in their Std. 10 board exams. On Aug. 19, Mayor R. Priya flagged off the bus carrying the students from Ripon Buildings to ISRO.

The group visited Satish Dhawan Space Centre (SDSC) and the Spaceport of India. The initiative aims to encourage students to develop an interest in space science and research, while also providing them with practical insights into the subject. Nikitha (Std. 11 student in Government Girls Higher Secondary School, Saidapet) said that visiting an ISRO was a significant opportunity for her to understand the significance of space technology.

The students got an opportunity to interact with scientists, clarify doubts, and look at space science as a career prospect.

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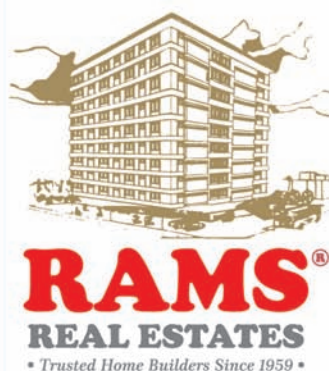
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