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Vol. 31, No. 20

September 28 - October 4, 2025

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Usman Road flyover to be inaugurated today

After delay by over a year, the newly constructed steel flyover along South Usman Road and CIT Nagar 1st Main Road will be inaugurated on Sunday, Sept. 28.



Built at a cost of Rs. 150 crores, the 1.2 kms steel flyover, the first such structure in the city, connects the ramp of the North Usman Road flyover to CIT Nagar 1st Main Road, extending up to the junction with CIT Nagar 4th Main Road.

A single-lane exit ramp has been constructed 50 meters ahead of Madley junction, near Sarojini Street, to provide access to motorists coming from North Usman Road side to reach T. Nagar bus terminus, Ranganathan Street or Pondy Bazaar via Burkit Road.

Similarly, a single-lane entry ramp has been provided on the opposite side near Shiva Vishnu Temple for motorists coming from Madley junction to ascend the flyover. Motorists wanting to reach Madley junction from CIT Nagar side should not take the flyover, and instead come via the service lane. Originally slated to be opened in Sept. 2024, the project has got delayed by a year.

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Akhanda Sahasranaamam Paaraayanam on Saturday

By Our Staff Reporter

Sri Prasanna Venkatesa Perumal Vishnu Sahasranaama Mandali has organised the 37th year Akhanda Vishnu Sahasranaamam Paaraayanam from 6.30 a.m to 7 p.m on Saturday, Oct .4 in Sri Prasanna Venkatesa Perumal Devasthanam (Mettupalayam, West Mambalam). There will be Gho poojai at 6.15 a.m and thirumanjanam at 12 noon.

All are welcome. More details can be had in 98412 94449 and 95661 80510.

Metrowater launches 'Chennai Water' app

By Our Staff Reporter

Metrowater on Sept.20 launched the 'Chennai Water' mobile app to address public grievances.

The app, available on both Android and IOS, features a photo-based registration system.

Complaints are automatically integrated with a GIS and sent to the concerned assistant engineer via SMS and WhatsApp. Users will receive instant confirmation and can track the status of their complaints.

The app also allows complaints to be registered via website, email, the dedicated WhatsApp number 81449 30308, and social media platforms like Facebook and X.

Chennai One App eases travel for commuters

By Our Staff Reporter

Replicating Ola and Uber apps, Cumta's (Chennai Unified Metropolitan Transport Authority) new Chennai One app has made ticketing and commuting fully digital.

Within a week of launch, it has been downloaded by more than 1.8 lakh times, and more than 18,000 tickets have been booked using the app.

Powered by the mobile's GPS tracker, the app trails users and vehicles real-time, suggests the nearest stop or station, displays live routes and schedules, and lets commuters buy tickets through UPI.

Upon boarding, passengers simply scan the ticket on their phone, making the entire process cashless. Each ticket remains valid until the end of the day. The app also suggests intermodal transit such as metro, MRTS, suburban, and MTC.

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Nothing But Court Craft

This happened sometime in 1964.

Many of you would have heard of Mr. Mohan Kumaramangalam. He was a communist and also a giant of the Madras Bar, specialising in Writ jurisdiction. He was Advocate General in 1965-67 during the Chief Ministership of Mr. M. Bhaktavatsalam. Later he joined the Congress Party and became Minister for Steel & Mines in the Union Cabinet under Mrs. Indira Gandhi. Unfortunately, he died in 1973 in an air crash while going from Madras to Delhi.

In those days, ICS Officers too were appointed as High Court Judges, even though they were not lawyers nor had BL qualification. A few such ICS Judges were Justice Mr. Ananthanarayanan, Justice K. Srinivasan, Justice M. Ramakrishnan and Justice K. S. Venkataraman. All of them were known for their integrity and balanced views.

One day, advocate Mr. K (whose father was then a great constitutional lawyer) was arguing before Chief Justice Ananthanarayanan for admission of a writ appeal under the Motor Vehicles Act.

Mr. K was struggling hard with his arguments while Justice Ananthanarayanan did not seem to be inclined to admit the appeal.

Since I did not have much practice in those days, I was just sitting in the court room watching the proceedings.

At that time Senior Counsel Mohan Kumaramangalam was also in the Court. Seeing the struggle of Mr. K, Mr. MKM called me and said, "Go and whisper to Mr. K to request to have the case called at 2.30 pm. Tell him that it is my request".

I was surprised that such a senior should talk to me so freely like this.

I went near Mr. K and whispered in his ears what MKM had said. He looked around, saw Mr. MKM behind him and represented to the Court, "I request Your Lordship to have the case adjourned to 2.30 pm". The Chief Justice readily agreed.

Later, in the court verandah, Mr. MKM and Mr. K both were talking to each other.

Mr. MKM : I'll get this case admitted at 2.30 pm even without reading the relevant papers. If I get the admission, you must give me Rs. 100. If I do not get the admission, I'll give you Rs.200. What do you say? Is this Ok with you?

Mr. K: Agreed.

Since I was standing near them, Mr. MKM called me and asked me, "What is your name?"

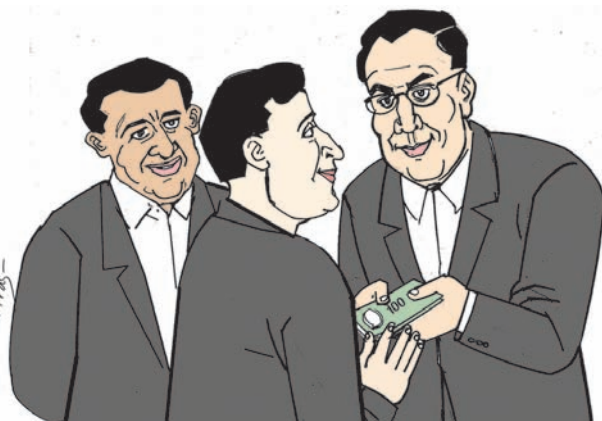
"P.B. Ramanujam sir", I replied.

"Ok, you are the witness here. Mr. K, you give 100 rupees to this boy. I'll give him 200 rupees".

Thus, totally 300 rupees was given to me.

"Hey Ramanujam, don't run away anywhere man, you must be here at 2.30", Mr. MKM told me.

"Surely sir. I will be here", I said.



At 2.30 pm, Mr. MKM and Mr. K were present in the Court when the case was called. Mr. K represented, "Advocate MKM will lead me, My Lord"

Court: Yes, Yes, carry on.

MKM : Your Lordship knows the provisions of Motor Vehicle Act

Court : Yes, Yes

MKM : Your Lordship knows the social objects for which the Act was enacted

Court : Yes Yes

Like this ... bla... bla... bla... for about 15 minutes without any relevance to the facts of the case because Mr. MKM did not himself know the facts, having not even touched the case bundle.

Whenever Justice Ananthanarayanan asked a question, Mr. MKM's answers were

..... "Very pertinent question My Lord. I will come to it later".

..... "Good question, My Lord"

..... "Going to the root of the matter, I appreciate the question, My Lord"

..... "I'll come back to this question in a minute, My Lord"

..... "Nobody except Your Lordship can pose such an interesting question, My Lord" Bla... bla...bla.... simple eloquence and no substance - Mr. MKM went on like this.

At one stage, Justice Ananthanarayanan: Have you mentioned this point in your affidavit?

Mr. MKM: Yes Yes, My Lord, at page No. 18, Para No.2. Do you want me to read the affidavit, My Lord?

Justice: No....No.....Not necessary, ADMITTED AND INTERIM STAY GRANTED"

I was surprised and wondered at the bravado of Mr. Mohan Kumaramangalam. He did not know the facts of the case at all, but won the case through simple eloquence and playing on the ego of the Judge by saying, whenever the Judge posed a question, "What an important question - except Your Lordship nobody would have raised such a question" etc....

Mr. K was very happy when we came out of the court.

When I gave the Rs.300 to Mr. MKM who had won the bet, he told me, "No...No... You keep it".

I said, "No Sir, I have not earned this money".

Mr. MKM said, "No, no This is my present to you. Enjoy".

I was thus not only a witness to a remarkable court craft but also became richer by Rs. 300 for it.

(To be continued) pbrassociates@yahoo.com

T. NAGAR & MAMBALAM BAZAAR

This column is intended to help small businesses to have a cost-effective advertisement medium. Advertisement in this section will be in standard panel sizes of 4 cm. x 1 column (costing only Rs. 800) and 4 cm. x 2 column (costing Rs. 1600)

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Free health check-up on Oct. 2

By Our Staff Reporter

The East T. Nagar Mandalof BharatiyaJanata Partyhas organised free health check-up from 10 a.m to 1 p.m on Thursday, Oct. 2 in Dwaraka Apartment Complex (opposite Muppattammam Temple, Mahara-japuram Santanam Salai, near Panagal Park,T. Nagar).

Dr.Parameswari (Family Physician and Diabetologist) will be available for consultation.

BP, BMI and blood sugar tests will be conducted.

All are welcome.

Registration open for Kolu contest

By Our Staff Reporter

The Rotary Club of Chennai Port City has announced the Rota Kolu Contest, inviting households to showcase their festive creativity this Navaratri.

It is only open to residents of T. Nagar, West Mambalam and Nungambakka.

There is no entry fee, and the last date for registration is Tuesday, Sept. 30. The competition will award prizes for the most traditional Kolu display, and with the most creative theme sets.

Participants must submit four clear photographs of their main kolu and theme arrangements, with a label showing date of taking the photos.

The entries should include the contestant's full name, address, and contact number.

Entries must be emailed with photo attachments to rtnvijay369@gmail.com.

For more details, call 98415 90399 or 98414 75566.

Tamil play Ramakrishna Paramahamsar to be staged on Tuesday

By Our Staff Reporter

The drama troupe R. S. Manohar's NXGs will stage its new Tamil play Ramakrishna Paramahamsar at 6.30 p.m on Sunday, Sept. 30 in Ramakrishna Mission Students' Home (Mylapore).

Entry is free. All are welcome.

The troupe was founded by S. Shivpprasadh (resident of T. Nagar), and the play has been directed by him and his daughter S. Sruuthi. He plays the lead role in the play.

Shivpprasadh's contact numbers are 73586 96613 / 95516 82993.

Popular scenes from R.S. Manohar's plays to be staged today

S. Shivpprasadh (resident of T. Nagar and nephew of thespian R.S. Manohar) and his daughter S. Sruuthi will enact popular scenes from the popular plays of R.S. Manohar at 2 p.m on Sunday, Sept. 28 at Bharathiya Vidya Bhavan (Mylapore). Entry is free. All are welcome. For more details, call 73586 96613, 95516 82993.

Free acupuncture therapy, eye check-up today

By Our Staff Reporter

Tirumala Tirupathi Pada-yatharai Trust and Tiru mala Tirupathi Anna-dhaanam Trust (West Mambalam) have jointly organised free acupuncture therapy and eye check-up from 10 a.m to 3 p.m on Sunday, Sept. 28 in VMA Hall (Old No. 34, New No. 2, Srinivasa Street, West Mambalam, near Vallabha Maha Ganapathy Temple).

Persons suffering from BP, diabetes and body pain can benefit the therapy.

A team from Radhatri Nethralaya (T. Nagar) will conduct the eye screening and offer free surgery to patients diagnosed from cataract.

All are welcome. For more details, call 99400 96168, 94441 45574 and 98412 4181.



இது வெறும் பிரமை அல்ல!

வைர மூக்குத்தி பரிச்சிட, சிரித்தபடி வந்து அமர்ந்த பாட்டிக்கு வயது 72. ஏற்கெனவே ரத்தக் கொதிப்பு, சர்க்கரை, உப்பு, கொழுப்பு என எல்லாவற்றுக்கும் மாத்திரைகள் சாப்பிடுபவர். தூக்கம் சரியாக இல்லையென என்னிடம் வந்தார். ஏதோ மன அழுத்தம், சிறிது நேரம் பேசிவிட்டு, மருந்துகளுடன் சென்றுவிட்டார். சென்றவர் மீண்டும் வந்து, 'முக்கியமான ஒன்றை சொல்ல மறந்துட்டேன். இப்போது நேரமிருக்கிறதா?' என்றார்.

'ம்... இருக்கிறது, சொல்லுங்கள்' என்றேன். மூளையின் ஓரத்தில் மினுக்கென்று ஒரு பல்ப் ஒளிர்ந்தது!

'கொஞ்ச நாள் முன்னாடி நடுராத்திரி முழிப்பு வந்தாப்பல இருந்தது. அறையில் மூலையி லிருந்த பீரோவைத் திறந்து இவர் எதையோ அடுக்கி வைத்துக் கொண்டிருந்தார். இந்த நேரத்திலே என்ன பன்றார் என்று புரியாமல் பக்கத்தில் கை வைத்தால் அங்கே அவர் தூங்கிக் கொண்டிருந்தார். தூக்கிவாரிப் போட்டது. அப்போது அங்கே நிற்பது யார்? மெதுவாக அவரைத் தட்டி எழுப்பினேன். அருகில் சென்று 'பீரோகிட்ட யாரோ நிக்கிறா' என்று ரகசியமாய் சொன்னேன். 'டக்' என்று அவர் சுவீட்சைப் போட அறை முழுவதும் வெளிச்சம். பீரோ மட்டும் தனியாக நின்று கொண்டிருந்தது. 'யாருமில்லையே, கனவு ஏதாவது கண்டியா என்ன? பிரமையா இருக்கும், தூங்கு' என்றார். திரும்பிப் படுத்துக் கொண்டேன். பீரோ பக்கம் பார்க்கத் துணிவில்லை.'

'தெளிவாகப் பார்த்தீர்களா?'

'ஆமாம், சந்தேகமே இல்லை. இவரைப் போலவே ஒரு மனிதர் நிற்பதைப் பார்த்தேன்.'

'ம்... அப்புறம்?'

'திரும்பவும் இரண்டு வாரம் முன்னாலே எனக்குப் பக்கத்துலே குழந்தை ஒண்ணு புல்லாங்குழலை வெச்சுண்டு சிரிச்சுண்டு இருந்தது. கண்ணை மூடித் திறந்தாலும் சிரிச்சுண்டே அங்கே நின்றுண்டு இருந்தது. விளக்கைப் போட்டதும் அங்கே யாருமில்லை. 'அன்று மாலை கேட்ட கிருஷ்ண லீலா தரங்கினி பாட்டினால் ஏற்பட்ட பிரமையா இருக்கும்' என்று தேற்றிக்கொண்டு தூங்கினேன்.'

பாட்டி சொல்வதைக் கேட்டுக்கொண்டே அவரது மருந்துகள் லிஸ்டைப் பார்த்தேன். எல்லோரும் உபயோகிக்கும் யூஷுவல் மருந்துகள்தான்.

'சமீப பாலமாக உங்களுக்கு மறதி அதிகமாகிவிட்டதா?' என்றேன்.

'இல்லே ஸார். எனக்கு வேற ஒரு ப்ராப்ளமும் கிடையாது. BP, சுகர், எல்லாம்கூட கன்ட்ரோல்லதான் இருக்கு' என்றவரின் முகத்தில் கலவரம் இல்லை. வியப்பு தெரிந்தது.

'போன வாரம் என் தலைமாட்டுலே லண்டன் போலீஸ் - கருப்பு, சிவப்பு டிரஸ், கூடை மாதிரி கருப்புத் தொப்பி, கையில் துப்பாக்கி - இதோடு நிக்கிறான். இவன் ஏன்டா இங்க வந்தான்னு பார்த்தா, விளக்கு வெளிச்சத்துலே மறைஞ்சு போயிட்டான்!'

'விளக்கு வெளிச்சத்துலேயே தூங்கிப் பாருங்களேன்' என்றேன்.



'தூக்கம் வராதுன்னு, சின்ன நைட் லேம்ப் போட்டுத் தூங்கினேன். நேத் திக்கு ரும் மூலையே போட்டிருந்த ஸ்டீல் மேலே உட்கார்ந்து அழகான ஒரு பொண்ணு வீணை வாசிச்சுண்டிருந்தா. எங்கே என்னைப் பார்த்துடுவாளோன்னு தலையைத் தலை காணிக்ஞளே பொதச்சுண்டு தூங்கிப் போனேன். எனக்குப் பைத்தியம் பிடுச்சிடுமா டாக்டர்?' என்றார் பரிதாபமாக.

நான் சிறிது நேரம் பாட்டியைப் பார்த்தவாறு இருந்தேன். 'இல்லம்மா,

இது ஒரு பிரமை. இல்லாத ஒன்றை இருப்பதாக மூளை நினைத்து கண்கள் பார்க்கின்றன. சிலருக்கு வெளிச்சம் இருந்தாலும் இப்படி உருவங்கள் தெரியும். உங்களுக்குப் பரவாயில்லை கிருஷ்ணன், சரஸ்வதி என்று வருகிறார்கள். வேறு சிலருக்குப் பாம்பு, புலி, கணவன், மனைவி, உருவமில்லாத நிழல்கள், இறந்து போன உறவினர்கள் என வந்து பயமுறுத்துவார்கள்! இது ஒரு வகை ஹல்லூசினேஷன் (Hallucination)' என்றேன்!

இந்த வார்த்தையைக் கேட்டு இரவில் வந்த 'பிரமையே பரவாயில்லை என்ற முகபாவத் துடன் என்னைப் பார்த்தார். சில பரிசோதனைகள், ஸ்கேன் எல்லாம் எழுதிக் கொடுத்து, மருந்தையும் கொடுத்து, 'சரியாகிவிடும், பயப்படத் தேவையில்லை' என்று சொல்லி அனுப்பி வைத்தேன்.

ஹல்லூசினேஷன் - இல்லாத ஒன்றை இருப்பதாகக் காட்டும் மூளையின் தந்திரம் - சில மருந்துகளினால் (போதை மருந்துகள், ஆல்கஹால்) வரக்கூடும். டிமென்ஷியா, பார்க்கின்ஸன் நோயின் பகுதியாகவோ அல்லது அதற்குக் கொடுக்கப்படும் மருந்துகளாலோ வரலாம்! பொதுவாக இம்மாதிரியான விஷுவல் ஹல்லூசினேஷன் மூளையின் பின் பகுதியாகிய 'ஆக்ஸிபிடல் லோப்' (பார்வை, உருவங்களை அனலைஸ் செய்து, நம்மைப் பார்க்க வைக்கும் பகுதி) பாதிக்கப்படும் போதும் (ஸ்ட்ரோக், வலிப்புகள்) வரலாம். சில மனநோய்களிலும், முக்கியமாக Schizophrenia மற்றும் bipolar மன வியாதிகள். இந்த வகை பிரமைகள் வரும் வாய்ப்புகள் அதிகம்.

இதுபோலவே சிலருக்குக் குரல்கள், சப்தங்கள் கேட்கும் - Auditory Hallucination. எம்.வி. வெங்கட்ராமின் 'காதுகள்' இதை மையப்படுத்தி எழுதப்பட்ட நாவல். காதுகளில் பிரச்சனை, செவிடு போன்றவைகளுக்குக் காதில் இரைச்சல் இருக்கும். சிலருக்கு கசீலா, எஸ்.பி.பி போன்றவர்கள் பாடிய நல்ல பாடல்கள் கேட்கும்! ('அன்பே வா'வில் நாகேஷ் சொல்வது போல் வியாதி வரக்கூட மனுஷனுக்குக் கொடுத்து வைச்சிருக்கணும்.)

மனநிலை பிறழ்வு உள்ளவர்களுக்கு Auditory Hallucination அதிக அளவில் வரும். எனக்குத் தெரிந்த நண்பர் ஒருவர் காதில் எப்போதும் கேட்ட குரலின் தொந்திரவினால் மாடியிலிருந்து குதித்துத் தற்கொலை செய்து கொண்டார். இதை மையமாகக் கொண்டு மோஹன்லால் நடித்த மலையாளப் படம் ஒன்று - பெயர் நினைவில் இல்லை - மனைவியின் குரல் சொல்கிறது என்று கொலைகள் செய்வார். கடைசியில் சர்ச் மனியில் தூக்குப் போட்டுத் தற்கொலை செய்கொண்டு விடுவார். Schizophrenia மனோ வியாதியைப் பற்றிய நல்ல படம் அது. நம் சுஜாதா கூட ஒரு சிறுகதையில் இதைப் பற்றி எழுதியிருப்பார்!

தோல் மேல் பூச்சிகள் ஊர்வதைப் போல தொடு உணர்ச்சி Hallucination, மூக்கில் வித்தியாசமான வாசனை அல்லது தூர்நாற்றம் வருவதைப் போல (முக்கியமாக டெம்பொரல் லோப் வலிப்புகளுக்கு முன் ஒரு முன்னெச்சரிக்கையாக இது ஏற்படலாம்) எனப் பலவகை பிரமைகள் மனம் மற்றும் மூளையின் தந்திரத்தால் ஏற்படும்!

பிரமைகள் குறித்த அச்சம் தேவையில்லை. அநேகமாக எல்லா Hallucinationகளுக்கும் மருந்துகள், தீர்வுகள் உண்டு. தற்கொலைக்கு வாய்ப்புகள் இருப்பதால் மருத்துவ கவனிப்பு அவசியமாகிறது! நல்ல அழகுடன் ஒரு யுவதியோ, பிடித்த பாடலோ Hallucination ஆக வந்தால் உயிருக்கு ஆபத்தில்லாத பட்சத்தில் வரவேற்கலாம்தானே!

Chandi Paaraayanam held daily in Sarada Math

In connection with Navarathri, Chandi Paaraayanam is held daily at 8 a.m in Sri Sarada Math (15/7, Raghaviah Road, T. Nagar).

It will conclude on Thursday, Oct. 2
All are welcome.

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WHY GETTING PREGNANT IS HARDER THAN YOU THINK



Dr. K.S. Kavitha Gautham,
MBBS, MS (OG)
Managing Director,
BloomLife Hospital Pvt. Ltd.

For Rajesh and Priya (names changed), pregnancy was a natural next step. They had met at the workplace, and their relationship had progressed steadily pace, and they married when she was in her mid-20s and he in his late-20s. Within a couple of years, they decided to try for a baby.

What should have been smooth sailing conception did not happen as smoothly or swiftly as they anticipated.

When I met them, they had been trying for six months. Like many other couples, they were confused as to why they were not conceiving right away. Both of them are in good health, Priya's menstrual cycles are regular, and their sexual life is healthy.

At this point, I had to introduce them to the concept of 'fecundability rate'.

What is 'fecundability rate'?

'Fecundability' refers to a couple's chance of getting pregnant in any given month.

Most people assume this number is high, or that conception is near guaranteed if things are normal.

In reality, the number is very low – just 20%. So, even if everything seems perfect on paper, natural conception at a given time happens only for 20% of couples.

While this may seem alarming, let us focus on the deeper implications of this statistic. Firstly, lack of immediate conception does not mean something is 'wrong' with you or your partner. Rather, it indicates that there may be some issues or imbalances that we need to 'course correct' in order to improve the chances of getting pregnant. Herein, it is critical to bring in the fact that fertility is not always impacted by 'big' factors like chronic health conditions or major surgeries. In fact, it is more of subtle factors, many of which are linked to daily lifestyle choices, that can impact a person's fertility.

The Impact of 'Everyday

Habits' on Fertility

Things like poor sleep hygiene, eating late at night, excessive alcohol consumption, sedentary lifestyle, and poor dietary choices can all take a toll on fertility over time.

While these might seem like normal parts of modern living, they disrupt your body's hormonal balance, affect gut health, and lead to weight gain – all of which can impact fertility. So, even if you are ready, physically and mentally, to conceive, these habits can gradually push you toward a state of sub-fertility.

The good news? When we investigate and find out the limiting factors, we can address them effectively by bringing in small, consistent changes to how you live – and help you progress on the path to parenthood.

For more details about the "Fertility Friday" initiative and to book a slot, contact **BloomLife Hospital Pvt. Ltd.** at +91-72999 11107

Talk on diabetes on Sunday

By Our Staff Reporter

Dr. Parameswari (Family physician and Diabetologist) will give an awareness talk on Diabetes at 8.30 a.m on Sunday, Oct. 5 in 18/20, Nakeeran Street, West Mambalam.

It has been organised by Women's World (56, Rameswaram Road, T. Nagar, 93822 1111, 92822 3333). All are welcome.

Abandoned vehicles block pavements, road margins



By Our Staff Reporter

Despite Chennai Corporation's drives to remove abandoned vehicles from public areas, many vehicles remain abandoned on pavements and road margins in the city including this neighbourhood.

A member of T. Nagar Residents' Welfare Association said that scores of vehicles in dilapidated condition can be found on several roads including avenue roads, main road, streets, adjoining railway compound walls and under flyovers.

As, after the initial drives to shift hundreds of abandoned vehicles to the four corporation yards in the city, no steps have been taken to auction them, there is no space left in these yards to accommodate more vehicles.

M. Sivasamy (resident of Prakasam Street, T. Nagar) said that in spite of several complaints to the zonal office and through Namma Chennai app, no steps have been taken to remove around 10 vehicles abandoned in their area.

To add to the problems, scores of vehicles involved in crime and seized by the police, are lying abandoned near police stations.

Waste collection drive a resounding success



By Our Staff Reporter

The 11th waste collection drive conducted jointly by the Residents of Kasturba Nagar Association (ROKA) and Wasted 360 Solution (T. Nagar) proved to be a resounding success. Over 10 tonnes of household and e-waste were collected in the drive held across 10 venues in the city, including T. Nagar.

The collected waste included plastics, e-waste, clothes, books, glass bottles, footwear, cushions, tablet strips, pens, etc.

Ann (Founder, Wasted 360) said that the items will be checked for their usability, and post repair they will be gifted to NGOs or kept at the thrift store of Wasted 360 Solutions in T. Nagar.

The unusable items will be sent for recycling," she said. Janani (Secretary of ROKA) said that during the drive, the contributors were made aware of alternatives to single-use plastics, chemical-free and eco-friendly products for their regular household use.

Kolu display with silver dolls at Challani Showroom



By Our Staff Reporter

For Navarathri, Challani – House of Silver (138, North Usman Road, T. Nagar) has made a gleaming display of Kolu dolls made with silver, and a few made with gold. At the entrance to the showroom, a boy dressed as Lord Ganesha welcomes its guests. Visitors are treated to kesari and sundal, and an astrologer offers free predictions and card readings to them.

Inside, the 5-step Kolu has a vibrant display of silver dolls, divine icons of mythology, temple gopurams and chariots, traditional kitchen instruments, children's playground, animals and vehicles.

R. Balaji (Assistant General Manager) said that on display are both silver and gold dolls in formation, depicting Dashavataram, Ashtalakshmi and Ayodhya Ram temple. All are welcome to witness the Kolu till October 2, from 4 p.m to 9 p.m.

4 held for attempted robbery

By Our Staff Reporter

Four men, including Justin (resident of West Mambalam), were arrested on Sept. 23 on the charge of assaulting and attempting to rob Arshad Hussain (30) (employee of a mobile phone store in Burma Bazaar) on Sept. 9.

Police said that when Arshad was on the way from the shop to the bank on his 2-wheeler to deposit Rs. 9 lakhs cash, four men waylaid him and tried to snatch the cash bag.

When he resisted, they assaulted him.

On seeing bystanders coming to help Arshad, the gang fled the spot on their bikes.

Based on Arshad's complaint, police scanned CCTV footage and identified the culprits as Justin (24) of West Mambalam, Lokesh (22) of Jafferkanpet, Augustine of Saidapet and Saravanan from Tiruttani.

They were arrested and remanded to judicial custody.

Anganwadi in K.K. Nagar renovated

By Our Staff Reporter

The Anganwadi in K.K. Nagar was recently renovated under the Nurturing Neighbourhood Scheme of Chennai Corporation at a cost of Rs. 15 lakhs.

The Angawadi has been redeveloped with colourful roofing, artistic walls, EPDM flooring adorned with alphabets and numbers, and a sensory pathway. The teachers at the Angawadi said that the improvements have made the environment more interactive for children, encouraging learning through play.

R. Kavitha (Assistant Engineer, Kodambakkam Zone) said that this Anganwadi is the first one to be renovated under the Nurturing Neighbourhood Scheme, as suggested after a study by the World Resource Institute (WRI).

She said that the new addons for learning include an abacus railing, a temporary ball pool, a sensory pathway, interactive walls, photo frames, and artistic murals.

A teacher at the centre said that with these addons, children are now more interested and focused on learning and playing instead of roaming around. She said that the admissions have also gone up after the renovation as more parents are willing to leave the kids in the Anganwadi.



Apollo Hospitals launches centre for respiratory care

By Our Staff Reporter

Apollo Speciality Hospital (Teynampet) on Sept. 23 launched the Institute of Pulmonology in its premises.

Karan Puri (CEO, Apollo Hospitals) said that the facility has five screening and clinical offerings, focused on improving access to specialised respiratory care such as basic asthma screening, advanced asthma management, and interstitial lung disease evaluation.

Kolu depicting 82 forms of Lord Shiva in Thejus

Thejus (85, G.N. Chetty Road, T. Nagar, near Jeeva Park) has organized its annual Swarna Kolu for Navarathri depicting the 82 forms of Lord Shiva including Kalyana Sundarar, Meenakshi Sundareswarar and Uma Maheswarar, Gajasamhara, Kamasamhara, Kalasamhara, Dakshinamurti, Yogeshwara and Lord Nataraja.

It will be open to the public from 11 a.m to 5 p.m till Oct. 3.

Shanthi Chandrasekhar (daughter-in-law of music legend D. K. Pattammal and Head of Thejus) told *Mambalam Times* that it took long planning to collect the information about the 82 forms, design the theme and create the dolls.

All are welcome.

For more details, call 94440 00060.



Kolu on display in Tarachand Galada Jain School



By Our Staff Reporter

The teachers and staff members of Shri Tarachand Galada Jain Matriculation School (Madley 1st Street, T. Nagar) have set up Kolu for Navarathri in the school.

Sita Ranjit (Principal) said that poojas, bhajans and paaraayanam are held daily from 4.30 p.m to 5 p.m. Prasadam is distributed to all after the poojas.

All are welcome.

Scholarships awarded to students of Ahobila Mutt School



By Our Staff Reporter

Sri Vani Educational Charitable Trust (West Mambalam) presented educational scholarships to eight meritorious students of Sri Ahobila Mutt School (West Mambalam) last week. C. Satishkumar (Honorary Secretary of the School), C. Bagavathi (Headmistress), S. Murali and A.S. Vasudevan (Members, Vani Educational Trust) and P. Sankarasubramaniam (RSB Catering) were present.

Muraii said that since 2015, the Trust has been providing scholarships for meritorious students of Sitharam Vidyalaya (West Mambalam) and Ahobila Mutt School.

He appealed to readers of *Mambalam Times* to donate towards the education of the students of the above two schools. Murali's contact number is 99405 20195.

Durga idol installed in BJP office



By Our Staff Reporter

For Navarathri, Nachikulam Saravanan (Vice President, BJP South Chennai) installed a 4.5 feet tall Durga idol in his office in 74/44, Ganapathi Street, West Mambalam on Sept.26. H. Raja (Former National Secretary, BJP) and Uma Anandhan (Councillor, Ward 134) were present.

Devotees can have darshan from 10 a.m to 8 p.m. Annadhaanam is being organized daily at 7 p.m. till Oct.1 All are welcome. The idol will be immersed in the sea on Oct.2.

For more details, call 96001 06990.

Upgraded Chembarambakkam water treatment plant inaugurated

Chief Minister MK Stalin on Sept. 20 inaugurated the improved Chembarambakkam water treatment plant with a capacity of 530 MLD. The second pipeline connecting the plant with the water distribution network was built at a cost of Rs 66.7 crores, enhancing the plant's earlier capacity of 265 MLD, according to a release.

The pipeline has been laid in two phases-11.7 km from Chembarambakkam to Porur and 9.2 km from the Poonnamallee bypass junction till Koyambedu.

Residents in seven areas of the city including T. Nagar, CIT Nagar and Teynampet will benefit from the project.

GST cuts boost sales for retailers

By Our Staff Reporter

With festive season approaching, the recent GST cuts on several items including clothing, have boosted the sales for retailers with more crowds thronging the commercial hubs of the city including T. Nagar.

Several shops and showrooms have boldly highlighted the GST cuts with revised price stickers on their products to attract customers. Banners with messages like 'Celebrate GST Savings' are displayed in and outside several shops.

While some shops offer even old stocks at the reduced revised rate, others are offering only on new stocks.

There has also been a buzz at vehicle showrooms with Manager of a local Hyundai showroom stating 50% increase in bookings on the day due to GST reduction.

Though shopkeepers welcome the GST cuts, some complained that it has been hurried through, especially without clarity.

The owner of a textile showroom on Usman Road told *Mambalam Times* that with barely a week's notice and no clarity on how to handle existing stock, mid-year changes create more confusion than relief, especially during a festive season.

He said that big brands have stopped supplying us for now, saying new stock will come only after the new rates. But I still have packets with old MRPs printed. I cannot sell at that rate. If I reduce it, I lose money. There is no clarity on how to handle this, he said.

Special poojas, concerts for Navarathri in Sai Seva Samaj

Shri Shirdi Sai Seva

Samaj (21, Jaishankar Street, West Mambalam) is conducting special programs and music concerts from 4.30 p.m to 9 p.m from Navarathri in its premises.

It will conclude on Thursday, Oct. 2.

Veda paaraayanam is held daily at 4.30 p.m, followed by Lalitha Sahasranamam and archanai.

The concert details held at 7 p.m daily are as follows: Sunday, Sept. 28: Devotional concert by Baktha Gana Gandharva Abishek Raju and team.

Monday, Sept.29: Bhajans by the students of Shri Narayan Mission School, West Mambalam.

Tuesday, Sept 30: Naamasankeerthanam by Saranya Srivatsan and Sahithya Vignesh (Disciples of Sri Vanichiam Muralidhara Bhagavathar).

Wednesday, Oct.1: Bharatanatyam performance by the students of Nandhini Suresh (Founder, Sai

Prithyalaya).

Thursday, Oct.2: Bhajans by Shri Shirdi Sai Seva Bhajan Mandali.

Prasadam will be distrib-

uted to all the devotees.

All are welcome.

For more details, call 84282 42842 or 93428 50974 or 72004 33455

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Doctors from Denmark visit RMD Academy



By Our Staff Reporter

Ditte and Esmeralda (Doctors from Denmark) conducted a class on personal hygiene and hormonal issues for the students pursuing 'General Duty Assistant Course' in RMD Academy of Health (Habibullah Road, T. Nagar). It was organised by Aura Holistic Wellness Centre (13, Raghaviah Road, T. Nagar, near Sarada Math).

The program was headed by Dr. Gautam (Medical Director of RMD Group of Hospitals) and Sruthi Vishaal (Managing Director of Aura Holistic Wellness Centre).

RMD Academy conducts free 3-month job-oriented General Duty Assistant course for persons from unprivileged families. They should be in the age group of 18 to 32 years.

Dr. Republica Sridhar (Founder, RMD Trust) appealed to the readers of *Mambalam Times* to refer deserving candidates from poor families to join the job-oriented course.

Her contact numbers are 93810 16588 and 91767 99333.

Special educators felicitated



By Our Staff Reporter

In connection with Teachers Day, Lions Club of Madras South City (Lodikhan Street, T. Nagar) felicitated five special education teachers guiding mentally retarded children in Andhra Mahila Sabha (Adyar) last week.

Vijayalakshmi Rajendra (President), Rukmini Devi (Secretary) and P. Revathy (Treasurer) of the Lions Club were present.

World Peace Day observed



By Our Staff Reporter

Lions International District 3241-F observed World Peace Day on Sept. 24 in MGR Nagar Government High School (KK Nagar).

Justice Vallinayagam (Retired Justice, Madras High Court) and Pravinlal (District Governor, Lions Club) and K. Gopinath (District Chairperson for the Welfare of Differently Abled) and Poonghuzhali (School Headmistress) were present.

Students of Hindu Vidyalaya clean Mambalam station



By Our Staff Reporter

Under the Ek Din, Ek Ghanta, Ek Saath cleaning initiative launched by the Central Government, students of JG Hindu Vidyalaya (West Mambalam) did an extensive cleaning of Mambalam Railway Station on Sept. 25.

The platforms, steps, toilets and the garbage from the open areas adjoining the railway tracks were removed.

MTC launches special bus for deaf students



By Our Staff Reporter

In a noble initiative, the Metropolitan Transport Corporation (MTC) has launched a dedicated small bus service for female students of St. Louis College for the Deaf in Adyar.

The exclusive service was launched on September 11 to pick the students daily from their hostel near Ashok Pillar (Ashok Nagar) at 7.15 a.m., and to then drop them back after the college closing hours. The aim behind the arrangement was to eliminate the significant challenges the students faced while commuting.

Earlier, the students had to cross the arterial Jawaharlal Nehru

Road to reach the bus stop to catch a bus. Due to their hearing disability, they were hampered by the traffic on the busy road, and put their lives at risk. As the special service starts from their hostel, it is both safe and reliable for the students.

An MTC official stated that the free service is strictly reserved for the differently-abled students and is not meant for any other passengers.

After completing the pick-up and drop for the students, the bus is redeployed on route S 26 to ply between Ashok Pillar and Valasaravakkam.

Mudguards entangle in freak accident

By Our Staff Reporter

The rear mudguard of a car and an autorickshaw got entangled leading to a minor accident at the junction of Moorthy Street and Arya Gowda Road (West Mambalam) at 12.50 p.m on Sept. 23.

The accident happened after the two vehicles passed each other closely from opposite sides.

There was heavy traffic congestion at the busy junction as the two drivers entered into an argument, blocking the traffic. Traffic police intervened to resolve the issue.



LETTER TO THE EDITOR

Stray dog nuisance in Natesan Park

Sir, A number of stray dogs are roaming free in Dr. Natesan Park, causing nuisance to the visitors. They squat on the walkers' track and dirty it.

As a number of senior citizens and children use the park daily, the stray dogs pose a danger to them. I request Chennai Corporation to capture the dogs and relocate them.

I also dissuade park visitors from feeding these dogs. **K. Raman (10/35, Dhamodaran Street, T. Nagar, Ph 94446 46476.**

CLASSIFIED ADVERTISEMENTS

Classified Advertisements under the heads *Accommodation Required, Automotive, Catering, Educational, Home Service, Packers & Movers, Situations Vacant, Etc...* will be published on this page. Each advertisement of Real Estate and Rental must relate to only one premises and its address must be given clearly. **The charges are Rs. 1000 upto 30 words. Display Rs. 320 per col. cm**

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T.NAGAR, Ramaswamy Street, 850 sq.ft, UDS 500 sq.ft, 2 bedrooms flat, hall, kitchen, 2nd floor, west facing, no lift, 2 wheeler parking, 30 feet road, 25 years old, price Rs. 95 lakhs (negotiable). Ph: 80726 37754.

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ASHOK NAGAR, near Anjaneyar Temple, 1120 sq.ft, UDS 570 sq.ft, 8 years old, 2nd floor, 2 bedrooms, hall, kitchen, 1 study room, price Rs. 1.50 crores (negotiable). Ph: 94446 96622, 89408 19667.

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WEST MAMBALAM, Bala-krishnan (N) Street, 2 bedrooms, hall, kitchen, ground floor, rent Rs. 22000, 6 months advance, vegetarians only, 2 wheeler parking. Ph: 94438 70607.

T. NAGAR, Lalith Apartment, Mangesh Street, 840 sq.ft, 2 bedrooms flat, hall, kitchen, ground floor, recently renovated, 24 hours water, 2-wheeler parking only, family/bachelor, rent Rs. 25000, advance Rs. 2 lakhs (negotiable). Ph: 97310 71650, 97310 70814.

ASHOK NAGAR, 9th Street, near Playground, 1500 sq.ft, brand new flat, 3 bedrooms, hall, modular kitchen, 3 bathrooms, balconies, wood work, north facing, 3rd floor, lift, covered car park, rent Rs. 50000 (negotiable), maintenance Rs. 5000, 6 months advance. Ph: 97910 63232.

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ASHOK NAGAR, Raghava Colony, 1st Cross Street, independent house, single bedroom, hall, kitchen, 2nd floor, no lift, 550 sq.ft, wood work, for small family, 2 working women, rent Rs. 13000, only vegetarians. Contact: Velu, Ph: 98410 13369.

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T.NAGAR, Singaram Street, 1500 sq.ft, 3 bedrooms flat, 3 bathrooms, 1st floor, north facing, no car park, no lift, vegetarians only, rent Rs. 34000, 6 months advance. Contact: Agent Ph: 99621 07304.

T.NAGAR, Ramakrishna Street, 900 sq.ft, 2 bedrooms flat, hall, kitchen, 2 bathrooms, 1st floor, no lift, south facing, rent Rs. 25000, maintenance Rs. 1500, vegetarians only. Contact: Agent Ph: 99621 07304.

T.NAGAR, Rameswaram Road, 850 sq.ft, spacious 2 bedrooms, hall, kitchen, 2 bathrooms, 1st floor flat, east facing, lift, open car park, vegetarians only. Ph: 94447 13117.

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Veena and vocal contests in Vani Mahal today

By Our Staff Reporter

Sri Thyaga Brahma Gana Sabha will hold Veena and Carnatic vocal competitions from 10 a.m on Sunday, Sept. 28 in Vani Mahal (G.N. Chetty Road, T. Nagar).

Those under 25 years of age can compete by registering at the venue.

The vocal contests will be based on the compositions of Muthuswami Dikshitar and Papanasam Sivan.

For more details, call 044-28152166 or 88384 78673.

Discourse on Bhagavad Gita today

By Our Staff Reporter

Under the auspices of Sri Ramakrishna Mission Ashrama (3, Maharajapuram Santhanam Salai, T. Nagar), Swami Guruvanananda will deliver a discourse in Tamil on Bhagavad Gita at 5.30 p.m on Sunday, Sept. 21 in the Ashram's premises. All are welcome.

More details can be had in 2814 3896 and 2814 3514.

Bank staff held for pledging customer's jewels

The Operations Manager and a cashier of Catholic Syrian Bank (Saidapet Branch) were arrested by Saidapet police for defrauding the bank and its customer Sulaiman (32) (resident of Saidapet), by pledging the customer's 162 sovereign jewels to avail Rs. 90 lakhs gold loan under the names of inactive account holders.

Police are on the lookout for Swaminathan (Branch Manager), an accomplice to the crime.

Police said that overtime, Swaminathan developed a friendship with Sulaiman by providing him personalised banking services like sending a bank staffer to Sulaiman's residence whenever he raised a withdrawal request.

In July, Sulaiman contacted Swaminathan to request pledging his gold jewellery as he required money.

On Swaminathan's instruction, Prabhu, the cashier at the branch, went to Sulaiman's residence and received 162 sovereigns of gold jewellery from the client.

As the loan was not processed for over two weeks, and Swaminathan kept coming up with various excuses for the same, Sulaiman visited the branch to find that Swaminathan had been placed under suspension as he was being investigated for various irregularities he had committed.

Sulaiman then lodged a police complaint.

Investigations revealed that Swaminathan had used Sulaiman's valuables to pledge them under the name of another customer for Rs. 90 lakhs with forged signatures.

Police arrested the Prabhu and Diwakar (32) (Operations Manager and resident of KK Nagar) for aiding Swaminathan in the fraud.

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Special poojas in Shirdi Sai Seva Samaj on Oct. 2

By Our Staff Reporter

In connection with the death anniversary of Shirdhi Sai Baba, Shirdi Sai Seva Samaj (21, Jaishankar Street, West Mambalam) has organised special poojas on Thursday, Oct. 2.

The following are the program details:

5.15 a.m: Kakad aarathi.
6.30 a.m: Ganapathi homam.

7.30 a.m onwards: Abhishekam and Sahasranaama archanai

10.30 a.m: Annadhanam
12 noon: Aarathi and prasadam distribution.

6 p.m: Dhoop aarathi
6.30 p.m: Vishnu Sahasranaama Paaraayanam.
7 p.m: Bhajans
9.15 p.m: Shej aarathi.
All are welcome.

For more details, call 84282 42842 or 93428 50974 or 72004 33455

Resident displays thematic Kolu



By Our Staff Reporter
Nalini Ganesan (50/69,

501, Lancor Hiranmayi, Bazullah Road, T. Nagar) has displayed an elaborate Kolu arrangement based on the theme 'Mukkona Ulagam (Triangular World)' in her house.

The main display is a 9-step Kolu with numerous dolls and more spread

around the house with colourful decorations.

She has been keeping Kolu in her house for the past 20 years (16 of them while she was living abroad).

The Kolu is open to visitors till Oct. 2.

Her contact number is 93426 78959

Jothi Madhar Sangam celebrates Navarathri in old age home



By Our Staff Reporter

The members of Jothi Madhar Sangam (T. Nagar) celebrated Navarathri by giving gifts and sponsoring lunch for the inmates of the old age home Annai Ullam (S5/29, South Sivan Koil Street, Kodambakkam).

Lakshmi Ragukumar (President) said that 30 elderly women, many of them destitute, are living in the old age home. Annai Ullam's contact number is 98417 69902.

Garden to come up under G.N. Chetty Road flyover



By Our Staff Reporter

Chennai Corporation will soon develop a garden in the space under G.N. Chetty Road flyover (T. Nagar).

Photo taken on Sept. 25 shows the road beneath the flyover demolished.

The space hitherto was used for parking vehicles.

Cricket tourney on Oct. 2 in Somasundaram Playground

By Our Staff Reporter

Soma Friends Team has organised a 6 overs-per-side cricket tournament on Thursday, Oct. 2 in Somasundaram Playground (Somasundaram Street, T. Nagar).

Only 12 teams can participate.

Free jersey and food will be provided for all the team members.

Prize money for the winning team is Rs. 30,000 and runner-up Rs. 20,000.

Awards will also be presented to the best batsman and the best bowler of the tournament as selected by a panel.

For more details and registration, call 99623 88201 or 72004 06752 or 99406 10202.

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